



STEWARDSHIP

peaceful prayer

A Guide to Stewardship Praying

We are called to make prayer a priority in our daily lives in imitation of His. When Christ was on earth, we know that He withdrew from the crowds to seek guidance and solace in prayer. He made time for prayer.

Pray perseveringly, be attentive to prayer and pray in a spirit of thanksgiving.
(Colossians 4:2)

If two of you join your voices on earth to pray for anything whatever, it shall be granted to you by my Father in heaven. (Matthew 7:7)

The moments we spend in prayer are wonderful and draw us into a closer relationship with God.

Best Practices

- Pray with your family and friends.
- Pray before meals and work
- Use the bible or other spiritual book for inspiration while meditating on our Heavenly Father

PRAYER OPPORTUNITIES



Rosary Before Mass

Arrive early to Mass and join in the recitation of the rosary. If the rosary is not offered, talk to your pastor about leading the rosary before Mass.



Prayer Organizations

Take a moment to offer praise and thanksgiving to the Lord for the gifts He has given you.



Adoration

Many parishes offer perpetual adoration or benediction on First Fridays. Consider spending an hour in silence before the Blessed Sacrament.



Assist at Mass

Offer your time to your parish as a lector, choir member or extraordinary minister in the most perfect form of prayer, the holy sacrifice of the Mass.

Pray the litany on the back for the Diocese of Memphis



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LITANY OF THE IMMACULATE CONCEPTION FOR THE DIOCESE OF MEMPHIS

By Pope Sixtus IV

Lord have mercy, **Lord, have mercy.**
Christ have mercy, **Christ, have mercy.**
Lord have mercy, **Lord, have mercy.**

God the Father, Source of all Sanctity, have mercy on us	Olive of the fields, Immaculate,
God the Son, Uncreated Sanctity,	Model of all perfections, Immaculate,
God the Holy Ghost, Spirit of Sanctity,	Cause of our hope, Immaculate,
Most Sacred Trinity, One God,	Pillar of our faith, Immaculate,
Holy Mary, Immaculate, pray for us	Source of Divine Love, Immaculate,
Holy Virgin of Virgins, Immaculate	Sure sign of our salvation, Immaculate,
Virgin of virgins, Immaculate,	Rule of perfect obedience, Immaculate,
Holy Virgin, by predestination Immaculate,	Pattern of holy poverty, Immaculate,
Holy Virgin, in Thy conception, Immaculate,	School of devotion, Immaculate,
Holy Virgin, after Thy conception, Immaculate,	Abode of chaste modesty, Immaculate,
Daughter of the Father, Immaculate,	Anchor of our salvation, Immaculate,
Mother of the Son, Immaculate,	Light of Angels, Immaculate,
Spouse of the Holy Ghost, Immaculate,	Crown of Patriarchs, Immaculate,
Image of the Wisdom of God, Immaculate,	Glory of Prophets, Immaculate,
Dawn of the Sun of Justice, Immaculate,	Lady and Mistress of Apostles, Immaculate,
Living Ark of the Body of Christ, Immaculate,	Support of Martyrs, Immaculate,
Daughter of David, Immaculate,	Strength of Confessors, Immaculate,
Guide to Jesus, Immaculate,	Diadem of Virgins, Immaculate,
Virgin, triumphing over original sin, Immaculate,	Splendour of all Saints, Immaculate,
Virgin, crushing the head of the serpent, Immaculate,	Sanctity of all Christians, Immaculate,
Queen of Heaven and earth, Immaculate,	Companion of devout souls, Immaculate,
Gate of the Heavenly Jerusalem, Immaculate,	Joy of those who hope in Thee, Immaculate,
Dispenser of graces, Immaculate,	Health of the sick, Immaculate,
Spouse of St. Joseph, Immaculate,	Advocate of sinners, Immaculate,
Star of the world, Immaculate,	Terror of heretics, Immaculate,
Impregnable tower of the Church Militant, Immaculate,	Protectress of all mankind, Immaculate,
Rose amid thorns, Immaculate,	Patroness of those who honour Thee, Immaculate,

Lamb of God, Who takes away the sins of the world, **Spare us, O Lord.**
Lamb of God, Who takes away the sins of the world, **Graciously hear us, O Lord.**
Lamb of God, Who takes away the sins of the world, **Have mercy on us, O Lord.**

In thy Conception, O Virgin Mary, thou wast Immaculate Pray for us to the Father, Whose Son Jesus, conceived of the Holy Ghost, thou didst bring forth. Let us pray O Almighty and Eternal God, Who didst prepare for Thy Son a worthy habitation, by the Immaculate Conception of the Blessed Virgin Mary; we beseech Thee, that, as Thou didst preserve her from every stain of sin, through the merits of the pre-ordained atonement of Jesus Christ, so Thou wouldst grant, that we also may come without spot to Thee. Through the same Jesus Christ our Lord. Amen

Our Lady of the Immaculate Conception, pray for us and our Diocese.

You will receive all that you pray for, provided you have faith. (Matthew 21:22)