Catholic Stewardship Toolkit: February

Monthly Theme: The Holy Family, Formation, and the Annual Catholic Appeal (ACA)

Parish Leader Overview

Themes: Holy Family, Formation, Annual Catholic Appeal (ACA)

Stewardship Focus: Sacrificial giving, faith formation, family discipleship

Key Opportunities:

- ACA campaign launch or mid-campaign awareness

- Faith formation for families and adults

- Promoting stewardship through the example of the Holy Family
- Preparing for Lent with intentional planning

Bulletin/Newsletter Content

• February Stewardship Reflection:

This month, as we prepare our hearts for Lent and celebrate the witness of the Holy Family, we reflect on stewardship as a quiet, humble offering of self. St. Joseph gave of himself fully to God's plan—silently, faithfully, and generously. The Blessed Mother said "yes" with humility, trust, and prayerful surrender. Jesus revealed the heart of stewardship by giving His life in love—first in daily obedience, then in His ultimate sacrifice on the Cross.

• Formation Spotlight:

Highlight parish faith formation programs for all ages. Encourage parishioners to consider deepening their spiritual education or volunteering as catechists or small group leaders.

ACA Promotion:

Begin or continue your parish's Annual Catholic Appeal efforts. Use witness talks, parish bulletin inserts, impact stories, and ACA pledge cards to invite giving from the heart.

Optional Parish Inserts & Tools

- Prayer Card: Holy Family Prayer Card
- Bulletin insert: "Difference between the ACA and Parish Offertory"
- Poster: Formation Opportunities at Our Parish
- Downloadable ACA Resources
- Leader Resource: How to Host a Lenten Small Group

USCCB Days of Prayer and Observances

- Sunday following February 2 (USA) World Day for Consecrated Life
- February 7–14 National Marriage Week USA
- Second Sunday in February World Marriage Day
- February 8 World Day of Prayer and Awareness against Human Trafficking
- February 11 World Day of the Sick



Prayer to the Holy Family

Dear Lord, Bless our family. Be so kind as to give us the unity, peace, and love that You found in Your own family in the little town of Nazareth.

Saint Joseph, pray for the head of our family. Obtain for him the strength, the wisdom, and the prudence he needs to support and direct those under his care.

Mother Mary, pray for the mother of our family. Help her to be pure and kind, gentle and self-sacrificing. For the more she resembles you, the better will our family be.

Lord Jesus, bless the children of our family. Help them to be obedient and devoted to their parents. Make them more and more like You. Let them grow, as You did, in wisdom and strength and grace before God and man.

Holy Family of Nazareth, by your intercession, love, and holy example, make our family and home more and more like Yours, until we are all one family, happy and at peace in our true home with You. Amen.



WHY YOU SHOULD GIVE TO BOTH THE

ANNUAL CATHOLIC APPEAL (ACA)

Fundraising Initiative for Diocesan Ministries

Diocesan wide fundraising event directed towards various ministries, outreach efforts, education, salaries, and essential services provided throughout the Diocese.

Directly and Indirectly Supports Ministries

Directly supports the various ministries through the training, education, coordination, and necessary supplies. The ACA indirectly supports the ministries through the salaries and benefits paid to the directors, associates, and administrative assistants of the offices of these ministries at the Chancery.

Diocesan Ministries List

Villa Vianney and Bishop Steib Residence Our Lady Queen of Peace Retreat Center Vocations (for those discerning religious life) Seminarian Education (training future priests) Youth Ministry

Campus Ministry

Catholic Charities of West Tennessee

Catholic Schools

Pastoral Ministries

Catechesis (Faith formation)

Divine Worship (liturgical support)

Cemeteries

Outreach Ministries

PARISH OFFERTORY

Your Parish's Weekly and General Donations

The collection of weekly and general donations to the Parish are allocated to the maintenance and upkeep of your Parish with a small percentage of this collection going to the Diocese.

Supports both the Parish and the Diocese

The Parish uses the funds for its ministries, building, operating and purchasing necessary items for the Liturgy and Sacraments.

The funds to the Diocese provides necessary administrative services, clergy support, maintain facilities, and carry out essential administrative functions.

Diocesan Offices List

Office of the Bishop

Bishop's Residence

Tribunal (Canon Law and legal matters)

Human Resources

Deaconate (training and support for deacons)

Facilities maintenance

Education of Clergy

Clergy Administration

Information Technology (IT)

Finance

Communications

Development (fundraising for the Diocese)

Chancery and properties

Both are necessary for the growth of your Parish and the Diocese as a whole.





Grow in Faith. Grow Together.



List the adult formation opportunities and times such as:

Women's Bible Study: Walking with Purpose Tuesdays at 6:30pm

Speaker Series: MY CATHOLIC FAITH Wednesdays at 5 pm

List the youth formation opportunities and times such as:

Junior High Youth Group: Sundays at 4:30pm

Senior High Youth Group: Sundays at 6:30pm



Youth & Young Adult
Ministry







List the family formation opportunities and times such as:

PRE for Children: Wednesdays at 4 pm

List the formation opportunities and times such as:

RCIA: year round by appointment





How to Host a Lenten Small Group

Journey together through Lent with prayer, Scripture, and community.

1. Pray First

Before you start planning, take time to pray. Ask the Holy Spirit to guide your group, your leadership, and those who will be part of the journey. Offer it all to Christ.

2. Choose a Format & Focus

Decide how your group will meet and what you'll study. Options include:

Format: In-person at home/parish, virtual via Zoom, or hybrid.

Frequency: Weekly (common for Lent), biweekly, or another rhythm.

Focus:

- A Scripture study (like the Sunday Mass readings
- A Lenten devotional or book
- A video series (like No Greater Love by Ascension or Forgiven by FORMED)
- A parish-provided resource or reflection guide

3. Invite Participants

Small groups are typically 6–10 people. Invite friends, family, neighbors, or fellow parishioners. You don't have to know everything—just be willing to gather and grow together.

- Use personal invites, parish announcements, or social media.
- Be clear about time, location, and commitment (e.g., 6 weeks of Lent).

4. Prepare Your Space

Whether in your home, parish room, or online, create a welcoming environment:

- Light a candle or display a cross to set a sacred tone.
- Offer light refreshments or drinks (if in person).
- Have Bibles, handouts, or materials ready to go.

5. Facilitate, Don't Lecture

You don't need to teach—just guide the conversation. A good small group:

- Begins with a prayer
- Engages with the material (reading, video, discussion)
- Allows everyone to share (no pressure to talk)
- Ends with prayer intentions and closing prayer
- Ask open-ended questions like:

- What stood out to you in the reading?
- How can you apply this to your life this week?
- What is God saying to you through this?

6. Stay Consistent and Encouraging

- Start and end on time.
- Follow up during the week with a reminder or encouragement.
- Be flexible and understanding—Lent is a journey, not a checklist.

7. Wrap Up Before Holy Week

As Lent draws to a close, consider ending with a special gathering:

- A meal or simple soup supper
- Attending a parish penance service or Stations of the Cross together
- Reflecting on how God moved in each person's life

8. Celebrate Easter Joy

Keep the connection going! You might:

- Reunite during the Easter season for a follow-up gathering
- Continue as a regular small group
- Serve together in a parish ministry

FEBRUARY

Here's a thoughtful collection of Catholic stewardship ideas for February, centered on: The Holy Family / Lent / The Gift of Prayer

Stewardship of the Domestic Church: The Holy Family

Holy Family Sunday or Month Focus

- Dedicate one Sunday in February to celebrating the Holy Family, encouraging families to renew their commitment to love and service in the home.

Blessing of Families or Family Photos

- Invite families to bring in a framed family photo to be blessed at Mass or offer a special Family Blessing prayer card after Mass.

Family Stewardship Challenge

- Provide a list of weekly stewardship acts (praying together, serving a neighbor, doing chores without being asked) as a way for families to grow in holiness together.

"Family Faith Night" or Potluck

- Host an event where families gather for food, prayer, and a brief reflection on the Holy Family and their example of sacrificial love.

Create a Family Mission Statement

- Encourage families to write and display their own faith-centered mission to guide how they spend time, treat others, and give back.

Lenten Stewardship: Prayer, Fasting, and Almsgiving

Lenten Stewardship Calendar

- Create a daily calendar with prompts for prayer, acts of kindness, sacrifices, and generosity to help parishioners live out Lent as stewards.

Ash Wednesday Prayer Cards or Kits

- Distribute Lenten prayer kits with Scripture reflections, candles, and ideas for spiritual and charitable giving.

"Give Up to Give" Challenge

- Encourage parishioners to give up a luxury item (coffee, treats, etc.) and donate the savings to a parish ministry or charity.

Lenten Small Groups or Devotionals

- Launch small groups or distribute devotional books focused on prayer, simplicity, and discipleship, encouraging time and spiritual commitment.

Youth or Family Almsgiving Project

- Provide rice bowls or donation jars for children/families to collect coins through Lent and give to Catholic Charities or a local outreach.

The Gift of Prayer: February's Spiritual Focus

"Try a New Prayer" Series

- Introduce parishioners to different forms of prayer each week—lectio divina, the Rosary, silent prayer, journaling, the Liturgy of the Hours.

Prayer Intentions Wall or Journal

- Create a visible space in church or online where parishioners can share prayer requests and commit to praying for one another.

Prayer Partner Ministry

- Invite parishioners to pair up for Lent and pray for one another daily—spouses, parents and children, or strangers paired anonymously.

Holy Hour or Prayer Service

- Offer a special evening of Eucharistic Adoration or meditative prayer, inviting quiet time with Christ at the start of Lent.

Teach Children the Value of Prayer

- Share resources or host a family workshop on how to pray as a family, including simple ways to talk to God together.

Family & Ministry Activities

- Family Activity: Learn about the Holy Family's virtues and write a family litany to them.
- Host a parent night for faith formation on 'Stewardship in the Family.'
- Launch a small group study or Lenten preview session.
- ACA kick-off weekend with pulpit talk and commitment card distribution.
- Invite families to pray the 'Chaplet of St. Joseph' each Wednesday in February.

Create Your Family Mission Statement

A Lenten Activity for Faith, Unity & Purpose

"As for me and my house, we will serve the Lord." – Joshua 24:15

What Is a Family Mission Statement?

A family mission statement is a simple but meaningful declaration of your family's values, priorities, and purpose. It helps you grow together in faith, love, and service. It becomes your spiritual compass—especially during Lent, a season of reflection and renewal.

How to Create Your Mission Statement

Step 1: Gather as a Family

Pick a quiet time (like Sunday evening or during a Lenten meal) to sit down together. Light a candle and begin with a short prayer.

"Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

Let us pray

Holy Spirit guide our hearts as we listen, share, and shape our family's purpose. Help us follow Jesus more closely. Amen."

Step 2: Reflect and Discuss

Ask each family member:

- What do we love most about our family?
- What kind of people do we want to be?
- How do we show love, faith, forgiveness, and service?
- What do we believe God is calling our family to do?

Optional prompts for kids:

- What makes our family strong?
- How can we help others like Jesus did?

Step 3: Choose Core Values

Write down 3–5 words or phrases that reflect what matters most to your family. Some examples:

Faith, Love, Hospitality, Forgiveness, Generosity, Prayer, Kindness, Unity, Honesty, Service

Step 4: Write the Mission Statement

Now, turn your ideas into 2–4 simple sentences. Make it short, easy to remember, and true to your family. Use the template below.

Family Mission Sta	tement Template		
"We are the	family.		
We believe in	,	, and	•
We follow Jesus by _			
We want our home to	o be a place where		
		·**	
(Feel free to adapt o	r simplify based on you	r kids' ages.)	

Step 5: Display and Live It Out

Post it somewhere visible: the fridge, family prayer space, or front door. Revisit it weekly during Lent and discuss: How did we live this out today? Include it in your Lenten Offering Box or Family Prayer Journal.

Extra Ideas

Let each child draw pictures around the mission statement.

Create a "family crest" with your values and mission.

Make it part of your Lenten Family Night, along with Scripture and prayer.

Lenten Prayer Kits

Theme: Return to Me with Your Whole Heart (Joel 2:12)

What's in the Kit: (make this your own based on your parish resources. Examples are listed below)

Lenten Calendar (40 days of Scripture + reflections)

Prayer Card or Booklet (daily or weekly)

Family Activity Guide

Charitable Giving Plan

Spiritual Goals Worksheet

Lenten Offering Box (or instructions for creating one)

Simple Lenten Meal Recipes (for Friday fasts)

Bookmark or keepsake with a Lenten Scripture quote

Weekly Themes & Scripture Reflections

Each week includes a Scripture passage, reflection question, and call to action.

Week 1 – Conversion

"Return to me with your whole heart..." (Joel 2:12)

Reflection: What areas of your life need turning back to God?

Action: Begin a prayer journal or attend reconciliation.

Week 2 – Prayer

"But when you pray, go to your inner room..." (Matthew 6:6)

Reflection: Where can you make more time for God?

Action: Create a quiet prayer space at home or pray the Rosary daily.

Week 3 – Fasting

"Man shall not live by bread alone..." (Matthew 4:4)

Reflection: What comforts or habits can you fast from to grow in holiness?

Action: Choose one item to give up and offer it for someone in need.

Week 4 – Almsgiving

"Whatever you did for one of the least of these..." (Matthew 25:40)

Reflection: How is God calling you to be generous this Lent?

Action: Pick a charity to support or donate your Lenten offerings.

Week 5 – Mercy

"Be merciful, just as your Father is merciful." (Luke 6:36)

Reflection: Who needs your forgiveness or compassion this week?

Action: Write a letter of reconciliation to someone you have wronged or do a hidden act of kindness.

<u>Holy Week – Suffering and Hope</u>

"Father, into your hands I commend my spirit." (Luke 23:46)

Reflection: How can you unite your suffering to Christ's this week?

Action: Attend Triduum services and spend time in quiet reflection.

Spiritual Giving Ideas

Encourage participants to give not just financially, but with their time and hearts.

Attend daily Mass or Stations of the Cross.

Pray the Divine Mercy Chaplet at 3 p.m.

Make a spiritual bouquet for someone (Masses, prayers, sacrifices).

Offer your day for someone who is suffering or alone.

Charitable Giving Ideas

Include local and diocesan ministries your parish supports. Offer envelopes or instructions for:

Donating to the Diocese's Annual Catholic Appeal

Supporting food pantries or homeless shelters.

Creating care packages for shut-ins or the elderly.

Donating goods (clothes, baby items, hygiene kits).

Family & Parish Engagement

"Lenten Tree" of prayer leaves or good deeds

Weekly soup supper with Scripture reflections

Parish-wide almsgiving challenge or service project

"Prayer partner" cards for intercessory prayer within the parish

Optional Printable Resources:

40-Day Scripture and Reflection Calendar

Daily Prayer Journal Pages

Spiritual Goals Tracker

"Lenten Mission" Card for kids (pray, fast, give)

Lenten Offering Box Instructions

"Where your treasure is, there your heart will be also." – Matthew 6:21

What is a Lenten Offering Box?

A Lenten Offering Box is a small container used to collect spare change or donations during Lent. Each contribution is a small act of love, sacrifice, and generosity offered to God for the good of others.

How to Make One

Simple DIY (Home or Classroom Version)

You'll need:

A small empty box (e.g., tissue box, shoebox, or food container) Construction paper, stickers, or printed labels Scissors and glue/tape Markers or pens

Instructions:

Cover your box with paper or decorate it creatively.

Cut a slit in the top for coins and small bills.

Label it: "Lenten Offering Box" and add a Scripture verse or family name.

Place it in a visible area at home, such as the prayer corner or kitchen table.

How to Use the Lenten Offering Box

Set a daily or weekly goal for giving. Examples:

Donate for each blessing received or prayer said.

Sacrifice a treat or habit and donate the cost.

Match acts of kindness with coins of gratitude.

Use it as a family tradition—let children take turns adding offerings.

Pair with the Spiritual Goals Tracker to connect almsgiving to other practices.

Where Will It Go?

At the end of Lent (or during Holy Week), donate the total collected to:

Catholic Charities

Parish outreach ministries

A local shelter, food pantry, or global mission

<u>Include a prayer with your offering:</u>

"Lord, receive these gifts as signs of our love. Use them to bring hope and healing to those in need. Amen."

Lenten Scripture & Reflection Calendar

Theme: Return to Me with Your Whole Heart (Joel 2:12)

Ash Wednesday

Joel 2:12-13 – "Return to me with your whole heart."

Reflect: What do you need to turn away from to return to God?

WEEK 1 - Conversion

Focus: Turning away from sin and back to God

Thursday – Matthew 6:1-6 Are you seeking approval from people or from God?

Friday – Psalm 51:1-4 Ask for God's mercy. Where do you need cleansing?

Saturday – Mark 1:15 "The Kingdom is at hand." What must you repent of?

Sunday – Romans 12:2 Let God renew your mind. How can you change your patterns?

Monday – Luke 15:7 Rejoice in mercy! Have you received or extended it lately?

Tuesday – Isaiah 1:16-18 Let your sins be washed clean. What habits must go?

Wednesday – 1 John 1:9 Confession brings healing. Will you seek it this Lent?

WEEK 2 – Prayer

Focus: Deepening your relationship with God

Thursday – Matthew 6:6 Make space for silence. Where is your inner room?

Friday – Psalm 27:8 God says, "Seek my face." What does your heart reply?

Saturday – Luke 11:1-4 Pray the Our Father—slowly, meaningfully.

Sunday – Philippians 4:6-7 Let peace guard your heart through prayer.

Monday – James 4:8 Draw near to God today. He will draw near to you.

Tuesday – 1 Thessalonians 5:17 How can your daily tasks become prayer?

Wednesday – Psalm 5:3 Begin and end your day with prayer.

WEEK 3 – Fasting

Focus: Detachment from sin and material excess

Thursday – Matthew 4:1-4 What are you "feeding on" other than God?

Friday – Isaiah 58:6-7 God desires fasting that frees and serves others.

Saturday – Galatians 5:16-17 Let the Spirit lead, not your cravings.

Sunday – Romans 8:13 What unhealthy patterns can you "put to death"?

Monday – Daniel 10:3 What distractions will you fast from this week?

Tuesday – 1 Corinthians 9:25-27 Train your soul with discipline and focus.

Wednesday – Matthew 6:16-18 Fast in secret. Let it be between you and God.

WEEK 4 – Almsgiving

Focus: Generous giving and serving others

Thursday – Matthew 25:35-40 Serve Christ by serving others today.

Friday – Proverbs 19:17 God treasures every act of generosity.

Saturday – Tobit 4:7-11 Share what you have—it's a holy offering.

Sunday – James 2:14-17 Is your faith alive through action?

Monday – Luke 3:10-11 What can you share that someone else lacks?

Tuesday – Hebrews 13:16 Doing good and sharing pleases God.

Wednesday – 2 Corinthians 9:6-8nGive cheerfully and with trust in God's provision.

WEEK 5 – Mercy

Focus: Compassion, forgiveness, reconciliation

Thursday – Luke 6:36-38 Are you merciful as God is to you?

Friday – Micah 6:8 Act justly, love mercy, walk humbly.

Saturday – Colossians 3:12-13 Clothe yourself in kindness and patience.

Sunday – Matthew 18:21-22 Who do you need to forgive—again?

Monday – Psalm 103:8-13 God is slow to anger. Are you?

Tuesday – John 8:10-11 Lay down judgment. Embrace mercy.

Wednesday – Ephesians 4:31-32 Let go of resentment. Be tenderhearted.

WEEK 6 - Hope & Preparation

Focus: Trusting God's promises and preparing for Holy Week

Thursday – Romans 5:1-5 Suffering produces hope. Do you believe that?

Friday – Jeremiah 29:11 God has plans for your future—even in trials.

Saturday – Isaiah 40:31 Wait on the Lord. Let Him renew your strength.

Sunday (Palm Sunday) – Luke 19:35-38 Welcome the King into your heart.

Monday (Holy Week Begins) – John 12:1-8 What do you offer Jesus in love and sacrifice?

Tuesday (Holy Week) – John 13:21-30 Where do you see betrayal—yours or others'? Forgive.

Wednesday (Spy Wednesday) – Matthew 26:14-16 What is your "silver"? What tempts your loyalty?

HOLY TRIDUUM

Holy Thursday – John 13:3-17 Serve as Jesus served. Whose feet can you "wash"? Good Friday – John 19:25-30 Gaze at the cross. What does Christ's sacrifice mean to you?

Holy Saturday – Matthew 27:57-66 Wait in the silence. Trust in hope before dawn.

Chaplet of St. Joseph

The Chaplet of St. Joseph is divided into 15 groups of four beads consisting of one white and three purple beads. The white bead symbolizes St. Joseph's purity, and the purple beads his saintly piety. A mystery of the Rosary is considered on each white bead, and two Hail Marys are said.

On the purple beads pray:

Praised and blessed be Jesus, Mary, and Joseph!

The chaplet is ended with the following prayer:

V. Pray for us, O holy St. Joseph!

R. That we may be worthy of the promises of Christ!

Let us pray

O, God, Who had predestined St. Joseph for all eternity for the service of Thine Eternal Son and His Blessed Mother, and made him worthy to be the spouse of the Blessed Virgin and the foster father of Thy Son: we beseech Thee, through all the services he has rendered to Jesus and Mary on earth, that Thou wouldst make us worthy of his intercession and grant us to enjoy the happiness of his company in heaven. Through Christ our Lord. Amen.

Lenten Scripture & Reflection Calendar

with Spiritual Goal Tracker Return to Me with Your Whole Heart (Joel 2:12)

Each day has 4 boxes to check for: Prayer, Fasting, Almsgiving, Reflection. Prayer Goal:

• E.g., Pray the Rosary daily, attend daily Mass, set aside 10 minutes of silence...

Fasting Goal:

 E.g., No sweets, no social media after 8 PM, fast from complaining...

Almsgiving Goal:

• E.g., Donate weekly, volunteer at a soup kitchen, write notes of encouragement...

Reflection Goal:

• E.g., Journal daily, read a spiritual book, follow Lenten Scripture plan...

WEEK 1 – Conversion

Focus: Turning away from sin and back to God

Reflection: What areas of your life need turning back to God?

Action: Begin a prayer journal or attend reconciliation.

Ash Wednesday Joel 2:12-13 What do you need to turn away from to return to God?	Matthew 6:1-6 Are you seeking approval from people or from God?	Psalm 51:1-4 Ask for God's mercy. Where do you need cleansing?	Mark 1:15 "The Kingdom is at hand." What must you repent of?
P F A R	P F A R	P F A R	P F A R

WEEK 2 - Prayer

Focus: Deepening your relationship with God

Reflection: Where can you make more time for God?

Action: Create a quiet prayer space at home or pray the Rosary daily.

Romans 12:2 Let God renew your mind. How can you change your patterns?	Luke 15:7 Rejoice in mercy! Have you received or extended it lately?	lsaiah 1:16-18 Let your sins be washed clean. What habits must go?	1 John 1:9 Confession brings healing. Will you seek it this Lent?	Matthew 6:6 Make space for silence. Where is your inner room?	Psalm 27:8 God says, "Seek my face." What does your heart reply?	Luke 11:1-4 Pray the Our Father—slowly, meaningfully.
P F A R	P F A R	P F A R	P F A R	P F A R	P F A R	P F A R

WEEK 3 - Fasting

Focus: Detachment from sin and material excess

Reflection: What comforts or habits can you fast from to grow in holiness? Action: Choose one item to give up and offer it for someone in need.

Philippians 4:6- 7 Let peace guard your heart through prayer.	James 4:8 Draw near to God today. He will draw near to you.	1 Thessalonians 5:17 How can your daily tasks become prayer?	Psalm 5:3 Begin and end your day with prayer.	Matthew 4:1-4 What are you "feeding on" other than God?	Isaiah 58:6-7 God desires fasting that frees and serves others.	Galatians 5:16- 17 Let the Spirit lead, not your cravings.	
P F A R	P F A R	P F A R	P F A R	P F A R	P F A R	P F A R	

WEEK 4 – Almsgiving

Focus: Generous giving and serving others

Reflection: How is God calling you to be generous this Lent? Action: Pick a charity to support or donate your Lenten offerings.

Romans 8:13 What unhealthy patterns can you "put to death"?	Daniel 10:3 What distractions will you fast from this week?	1 Corinthians 9:25-27 Train your soul with discipline and focus.	Matthew 6:16- 18 Fast in secret. Let it be between you and God.	Matthew 25:35- 40 Serve Christ by serving others today.	Proverbs 19:17 God treasures every act of generosity.	Tobit 4:7-11 Share what you have—it's a holy offering.
P F A R	P F A R	P F A R	P F A R	P F A R	P F A R	P F A R

WEEK 5 - Mercy

Focus: Compassion, forgiveness, reconciliation

Reflection: Who needs your forgiveness or compassion this week? Action: Write a letter of reconciliation to someone you have wronged or do a hidden act of kindness.

James 2:14-17 Is your faith alive through action?	Luke 3:10-11 What can you share that someone else lacks?	Hebrews 13:16 Doing good and sharing pleases God.	2 Corinthians 9:6-8 Give cheerfully and with trust in God's provision.	Luke 6:36-38 Are you merciful as God is to you?	Micah 6:8 Act justly, love mercy, walk humbly.	Colossians 3:12-13 Clothe yourself in kindness and patience.
P F A R	P F A R	P F A R	P F A R	P F A R	P F A R	P F A R

WEEK 6 - Hope & Preparation

Focus: Trusting God's promises and preparing for Holy Week Reflection: How can you unite your suffering to Christ's this week? Action: Attend Triduum services and spend time in quiet reflection.

Matthew 18:21- 22 Who do you need to forgive —again?	Psalm 103:8-13 God is slow to anger. Are you?	John 8:10-11 Lay down judgment. Embrace mercy.	Ephesians 4:31- 32 Let go of resentment. Be tenderhearted.	Romans 5:1-5 Suffering produces hope. Do you believe that?	Jeremiah 29:11 God has plans for your future —even in trials.	Isaiah 40:31 Wait on the Lord. Let Him renew your strength.
P F A R	P F A R	P F A R	P F A R	P F A R	P F A R	P F A R

HOLY WEEK - Serve, Sacrifice, Silence

"Father, into your hands I commend my spirit." (Luke 23:46)

Palm Sunday Luke 19:35-38 Welcome the King into your heart.	John 12:1-8 What do you offer Jesus in love and sacrifice?	John 13:21-30 Where do you see betrayal— yours or others'? Forgive.	Matthew 26:14- 16 What is your "silver"? What tempts your loyalty?	Holy Thursday – John 13:3-17 Serve as Jesus served. Whose feet can you "wash"?	Good Friday – John 19:25-30 Gaze at the cross. What does Christ's sacrifice mean to you?	Holy Saturday – Matthew 27:57- 66 Wait in the silence. Trust in hope before dawn.
P F A R	P F A R	P F A R	P F A R	P F A R	P F A R	P F A R