



STEWARDSHIP *Prayer*

A Guide to Stewardship of Prayer

At the heart of stewardship is relationship—and at the heart of relationship with God is prayer.

Prayer is both a gift and a responsibility. It is not optional for disciples—it is the lifeblood of our vocation. In prayer, we recognize our dependence on God, offer gratitude, seek guidance, and align our will with His.

To steward prayer well means to:

- Set aside time regularly to be with the Lord.
- Use our talents to help others grow in prayer—through teaching, leading, or interceding.
- Invest our treasure in creating spaces, resources, and rhythms of prayer in the home, parish, and community.

“Prayer is the inner bath of love into which the soul plunges itself.”

– St. John Vianney

Like the disciples who asked Jesus, “Teach us to pray,” we too are called to learn, grow, and pass on this gift.

Best Practices

- Offer your personal prayers during or after receiving the Eucharist, uniting your intentions to the sacrifice of the Mass.
- Invite family members to personalize the space by adding favorite prayers, holy cards, or seasonal symbols.
- Keep a prayer journal or list to track intentions and answered prayers—this builds a grateful heart.

FORMS OF PRAYER



Blessing & Adoration

We praise God simply for who He is and acknowledge our dependence on Him. “Blessed are You, Lord God of all creation...”

Petition

We ask God for what we need—spiritual or material. This includes asking for forgiveness, strength, or guidance. “Lord, help me to be patient today.”

Intercession

We pray on behalf of others—family, friends, the Church, the world, and even our enemies. “Lord, I lift up my friend who is sick...”

Thanksgiving

We give thanks to God for His blessings, both big and small. Gratitude turns our hearts toward joy and trust. “Thank You, God, for this day and for my family.”

Praise

We glorify God for His goodness, majesty, and love—not because of what He gives us, but because of who He is. “Glory to God in the highest!”

Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. - Philippians 4:6



Prayer of a Faithful Steward

Heavenly Father,
Everything I am and all that I have
comes from You.
You have entrusted me with time, talents,
treasure, and opportunities—
not for my own sake,
but for the building of Your Kingdom.
Teach me to recognize these gifts,
to nurture them faithfully,
and to return them generously.
Let my hands serve others with love.
Let my words speak truth and kindness.
Let my heart be open to Your call.
Make me a cheerful giver,
a willing servant,
a humble disciple,
and a true steward of Your grace.
I offer all that I am
for Your glory and the good of others.
Through Christ our Lord. Amen.

Today I offer my...

- ☐ Time – in prayer, presence, and care
- ☐ Talent – in service and participation
- ☐ Treasure – in sacrificial and planned giving
- ☐ Heart – in gratitude and love

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. - 1 Thessalonians 5:16–18