



STEWARDSHIP

Vocations

A Guide to Stewardship of Vocations

A vocation is not simply what we do—it's who God is calling us to become.

Every Catholic has a vocation: to holiness, to discipleship, and to love. Some are called to the priesthood, religious life, or consecrated single life. Others are called to marriage or lay ministry. But all are called to listen, discern, and respond.

To steward your vocation means:

- Time spent in prayer, silence, and reflection on God's will
- Talent given in service of that vocation—whether to your family, parish, or the Church
- Treasure offered to support the formation of others in their vocations—seminarians, religious, married couples, or lay ministers

A stewardship of vocation is a lifelong "yes" to God. It is the daily offering of your life in response to the One who called you.

Best Practices

- Spend time in prayer, silence, and spiritual direction to discern how God is calling you to serve—whether through marriage, priesthood, religious life, or committed single life.
- How am I using my gifts in my vocation to build up the Body of Christ? Ask God for the grace to grow in your specific call.
- Pray for vocations daily, speak positively about priesthood, religious life, and holy marriages, and support seminarians or those in formation.

VOCATION OPPORTUNITIES



Pray for Vocations

Include prayers for priests, religious, married couples, and those discerning. Ask God to help you live your own vocation faithfully. Join or start a parish vocations prayer group or adopt a seminarian to pray for by name.



Live Your Vocation

Whether you are married, single, a priest, or religious, your daily actions can inspire others. Your faithfulness is a living testimony of God's call. Offer your work, relationships, and challenges as a gift to God through your vocation.



Encourage Discernment

Share your own vocational journey with others. Encourage openness to God's call in youth, teens, or peers. Be a sponsor in RCIA, a spiritual mentor, or a supportive friend to someone exploring religious life or marriage.



Support Vocations

Give your time, talent, or treasure to support vocations ministry in your parish or diocese. Help organize events, dinners, or fundraisers for seminarians or religious communities.

Speak, Lord, for your servant is listening. – 1 Samuel 3:10



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Vocation Discernment Journal Prompts

Week 1: Called to Holiness - *Matthew 5:14–16* – “*You are the light of the world...*”

Reflection Prompts: What gifts has God given me to reflect His light? Where in my life am I called to be a witness of love, faith, and hope? How do I respond when I sense God inviting me to something deeper?

Prayer: Lord, help me to live each day as a response to Your love. Make me holy in the ordinary moments of my life. Give me the grace to shine Your light in all that I do. Amen.

Week 2: Listening for My Vocation - *Jeremiah 29:11* – “*I know the plans I have for you...*”

Reflection Prompts: What brings me joy, peace, and purpose? What do trusted mentors or spiritual guides see in me? How do I feel when I consider different vocations—marriage, priesthood, consecrated life, single life?

Prayer: Holy Spirit, open my heart to Your voice. Quiet my doubts and fears, and help me trust in Your perfect plan. May I always follow where You lead. Amen.

Week 3: Serving in My Current State of Life - *Colossians 3:23* – “*Whatever you do, do it from the heart, as for the Lord.*”

Reflection Prompts: What responsibilities or relationships is God asking me to be faithful to right now? How can I grow in generosity, humility, or joy in my vocation today? Where might God be stretching me to love more deeply?

Prayer: Lord Jesus, help me serve You where I am now. In my family, work, studies, and ministry—let me be Your hands and heart. Bless this season of my life, and draw me closer to You each day. Amen.

Week 4: Living My “Yes” - *Luke 1:38* – “*Let it be done to me according to your word.*”

Reflection Prompts: What’s one step I can take to say “yes” to God more fully this month? How can I encourage others (especially youth or children) to explore their vocation? Who inspires me by the way they live their vocation?

Prayer: Mary, Mother of Vocations, teach me to trust as you trusted. Pray for me as I seek to do God’s will with courage and joy. Amen.

Final Journal Reflection

At the end of the month, write a letter to God reflecting on what you’ve discovered about your vocation, any clarity or peace you’ve received, and your hopes for what comes next

Before I formed you in the womb, I knew you; before you were born, I consecrated you. – Jeremiah 1:5